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Tree Leaves: Breaking the Fall of the Loud Silence (Paperback)

By Dr Rosenna Bakari

Rosenna Bakari, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Being a victim of childhood sexual abuse was a very isolating experience. Healing shouldn't be. Survivors should not feel alone in their healing journey. Tree Leaves: Breaking the Fall of the Loud Silence provides support for survivors who thought they had no place to turn. Each of the 366 gems of daily devotion reminds survivors that they are not alone. Surface evidence of harm is often absent for survivors of childhood sexual abuse and trauma can be invisible to the eye. Often the traumatized person does not realize they are operating from a position of fear and pain. Sometimes the only evidence is the perpetual sense of dissatisfaction, depression, the inability to speak up, a lack of boundaries in relationships, or strict boundaries protected by anger and hostility. Addiction recovery and mental health issues have better outcomes when the frequently underlying issue of childhood sexual abuse is addressed. This book of inspiration invites all survivors of sexual abuse to the healing journey. Inspirational living concepts similar to The Power of Now, The Four Agreements, and The Untethered Soul are applied to the...



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