



## A Short Guide to a Happy Life (Hardback)

By Anna Quindlen

Random House USA Inc, United States, 2001. Hardback. Condition: New. Language: English . Brand New Book. From the New York Times bestselling author of Miller s Valley, Anna Quindlen's classic reflection on a meaningful life makes a perfect gift for any occasion. Life is made of moments, small pieces of silver amidst long stretches of tedium. It would be wonderful if they came to us unsummoned, but particularly in lives as busy as the ones most of us lead now, that won t happen. We have to teach ourselves now to live, really live . . . to love the journey, not the destination. In this treasure of a book, Anna Quindlen, the bestselling novelist and columnist, reflects on what it takes to get a life -- to live deeply every day and from your own unique self, rather than merely to exist through your days. Knowledge of our own mortality is the greatest gift God ever gives us, Quindlen writes, because unless you know the clock is ticking, it is so easy to waste our days, our lives. Her mother died when Quindlen was nineteen: It was the dividing line between seeing the world in black and white, and...



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