



## Fruity Pasta Sensations: Pasta Has Never Been So Exciting! (Paperback)

By Jane Amparis

HBS Books, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Around the world, various fruits feature as staples in our diets. There are a vast range of different fruits to select from. There are of course sweet fruits such as berries, sour fruit such as lemons, and savoury fruit such as pumpkin. Any fleshy part of a plant that is edible and supports seeds is considered to be fruit. With such a broad definition for what is considered fruit one can reflect on the huge variation of flavours that are available. For most of us, the humble pasta is used as a staple in our diets. Its versatility opens up a world of gastronomic possibilities. Most of us would not consider mixing the two food groups however the concept of fruit pasta has been dabbled with for many years. Recipes such as avocado chicken and mango chicken have previously been explored and are sometimes available on menus at various eateries. This book not only features some tasty pre-existing recipes, but also explores new scrumptious fruit pasta options. Many of the recipes featured in this book were devised in my very own kitchen. I had...



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